



Role Title	Perinatal Mental Health (PMH) Peer Worker- Dad's Branch
Sector	Not for Profit/Peer Support/Perinatal Mental Health
Location	Nundah
Employment Status	Part Time, 15 hours per week
Award	Social, Community, Home Care and Disability Services Industry Award 2010 (MA000100)

About Peach Tree

Peach Tree is a community based mental health organisation, which uses trauma-informed care principles to provide services for parents, partners, and families who are impacted by perinatal mental health challenges.

Peach Tree supports perinatal resilience and re(dis)covery with individuals and families through education, social connection, and by facilitating a passionate and caring community.

Role overview

We require a Perinatal Mental Health (PMH) Peer Worker (Dad's Branch) with lived experience of mental health challenge(s) related to becoming a parent and/or parenting infants and young children. Lived experience must include a story of hope, re(dis)covery, and resilience.

The role of a PMH Peer Worker is to help build, support, and strengthen parents' resilience and social connections through targeted peer led mental health groups, programs and social activities. PMH Peer Workers work cohesively in a team to provide a trauma informed, welcoming, non-judgemental environment for parents to connect and discuss perinatal mental health and parenting challenges freely and openly.

We have existing Peach Tree Parent Wellbeing Centres located at North Brisbane (Nundah), South Brisbane (Mt Gravatt) and Moreton Bay (Caboolture). We also offer outreach to other regions including Ipswich and Logan. This position will require travel between service locations, therefore own transport is essential.

The PMH Peer Worker role reports directly to the Team Leader- Dad's Branch. Peach Tree values and respects the unique skills and experience of all staff. We provide training, ongoing support, and professional development opportunities.

This role is suitable for individuals looking to re-enter the workforce after parental leave, or those who may already work part-time and can accommodate additional hours.

Peach Tree is an Equal Employment Opportunity employer and committed to engaging a diverse workforce. We strongly encourage applications from people with an Aboriginal and Torres Strait Islander background, people with disability, and people from diverse cultural and linguistic backgrounds. Peach Tree is a LGBTIQ+ affirming workplace.

What you will do

As a PMH Peer Worker, you will champion and model Peach Tree's values within all aspects of your work. You will:

- empower fathers and partners to take charge of their own emotional wellbeing and the decisions needing to be made around their perinatal mental health challenges.
- work within an appropriate Scope of Practice of a PMH Peer Worker.
- model a high level of self-awareness and commitment to self-care.
- adhere to organisational policies and procedures.
- work within an appropriate Duty of Care to all persons who access Peach Tree services, which includes recent COVID-19 workplace health and safety precautions.
- maintain a level of appearance and personal hygiene that supports professionalism.
- participate in mandatory training and regular mentoring meetings.

Key responsibilities

Peer Support Practice

- Welcoming and orienting new parents to Peach Tree and providing them with information about what we offer and what we do.
- Facilitating peer groups, social inclusion activities and delivering education programs for fathers and partners with perinatal mental health challenges.
- Co-facilitating our six week early intervention Sunshine Parenting Program.
- Maintaining a safe environment for all parents and children by implementing our Group Connection Agreement.
- Modelling best practice in Peach Tree Peer Frameworks and competencies.
- Supporting and connecting parents to other services and resources if requested.

Operational Support

- Setting up and packing up resources/activities before and after groups
- Caring for the Peach Tree spaces, including COVID-19 cleaning and ensuring hygiene requirements are met.
- Maintaining accurate records which contribute to regular reporting obligations.
- As required, promoting Peach Tree to other businesses, services and communities
- Other tasks as directed by your Team Leader.

What we are looking for

Knowledge/Skills/Experience

- Lived experience of perinatal mental health challenges, accompanied by experiences of personal rediscovery, and demonstrating stories of hope and resiliency.
- Understanding of trauma- informed care, or capacity to rapidly acquire.
- Capacity to relate to others from a perspective of shared experiences, and to assist a diverse range of people by modelling skills, confidence, and strategies in a manner both helpful and respectful to participants.
- Ability to establish relationships and maintain appropriate boundaries with community members, both in one-on-one and group settings.
- Demonstrated ability to listen to and communicate effectively.
- Demonstrated ability to work cooperatively in a team environment.
- Understanding of local perinatal mental health and community sectors and existing organisations, or a willingness to learn.
- Ability to assist and empower service participants to establish and maintain community connections and networks.
- Demonstrated ability to use self-reflection and feedback as an opportunity to improve.
- Model a high level of self-awareness and resilience.

PMH Peer Workers must have a current Working with Children Check (Blue Card) and National Police Certificate/Check, and be up to date with Whooping Cough vaccinations.

Classification

This role is classified as Social and community services employee Level 3.1 under the *Social, Community, Home Care and Disability Services Industry Award 2010* (MA000100).

Hours of work

This is a Part time role, 15 hours per week.. Hours of work may vary and may include evenings and/or weekends.

Training and development

Peach Tree requires all staff to attend an induction upon employment commencement, and to participate in regular team meetings, organisational training, and professional development opportunities.